



Allstate Medical Plan 2019 HMO Options

Eligibility for HMOs is based on your home zip code. Information about any HMO you are eligible to enroll in for 2019 will be available on the [Your Benefits Resources™](#) website when you enroll.

BlueAdvantage HMO

bcbsil.com

1-800-892-2803

8 am - 6 pm CT, M-F

States:

Illinois

Indiana

Wisconsin (no doctors, but members may seek services in IL or IN)

Kaiser Foundation Health Plan of Washington

ghc.org

1-888-901-4636

7 am - 7 pm PT, M-F

State: Washington

Kaiser Permanente of Colorado

kp.org

1-800-632-9700

7 am - 7 pm MT, M-F

State: Colorado

Kaiser Permanente of Georgia and Kaiser Permanente of Georgia (Consumer Choice)

kp.org

1-888-865-5813

7 am - 7 pm ET, M-F

State: Georgia

Kaiser Permanente of Hawaii

kp.org

1-800-966-5955

7 am - 7 pm HST, M-F

State: Hawaii

Kaiser Permanente of Mid-Atlantic

kp.org

1-800-777-7902

7 am - 7 pm ET, M-F

States:

District of Columbia

Maryland

Virginia

Kaiser Permanente of Northern and Southern California

kp.org

1-800-464-4000

7 am - 7 pm PT, M-F

State: California